

Kahala Coffee Traders Nutritional Information

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)*	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohols (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)
Frappes																		
Coffee Frappe	285	Regular	240	60	7	6	0.0	0	190	45	1	35	0	2	0	0	0	0
Coffee Frappe	444	Large	360	90	10	9	0.0	0	290	68	1	52	0	2	0	0	0	0
Mocha Frappe	305	Regular	290	60	7	6	0.0	0	200	57	1	45	0	2	0	0	0	0
Mocha Frappe	483	Large	460	100	11	9	0.0	0	310	91	1	72	0	2	0	0	0	0
Caramel Frappe	305	Regular	300	70	8	7	0.0	5	220	43	1	42	0	2	0	0	0	0
Caramel Frappe	483	Large	490	120	13	12	0.0	10	350	92	1	66	0	2	0	0	0	0
Mocha Caramel Frappe	305	Regular	300	70	8	7	0.0	5	210	57	1	43	0	2	0	0	0	0
Mocha Caramel Frappe	483	Large	480	110	12	10	0.0	5	330	92	1	69	0	2	0	0	0	0
White Chocolate Mocha Frappe	313	Regular	310	60	7	6	0.0	0	200	65	1	51	0	2	0	0	0	0
White Chocolate Mocha Frappe	472	Large	440	90	10	9	0.0	0	300	88	1	68	0	2	0	0	0	0
Vanilla Cream	302	Regular	280	60	7	6	0.0	0	190	55	1	45	0	2	0	0	0	0
Vanilla Cream	479	Large	440	90	10	9	0.0	0	290	88	1	72	0	2	0	0	0	0
Coffee & Tea																		
Fresh Brewed Coffee	355	Regular	5	0	0	0	0.0	0	5	0	0	0	0	0	0	0	0	0
Fresh Brewed Coffee	592	Large	5	0	0	0	0.0	0	0	0	0	0	0	1	0	0	0	0
Iced Coffee	355	Regular	5	0	0	0	0.0	0	5	0	0	0	0	0	0	0	0	0
Iced Coffee	592	Large	5	0	0	0	0.0	0	10	0	0	0	0	1	0	0	0	0
Iced Black Tea	354	Regular	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0	0
Iced Black Tea	591	Large	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0	0
Iced Pomegranate Green Tea	355	Regular	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0	0
Iced Pomegranate Green Tea	592	Large	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0	0
Chai Tea Latte	360	Regular	140	60	7	4	0.0	20	100	13	0	13	0	7	6	0	25	0
Chai Tea Latte	600	Large	230	100	11	6	0.0	35	160	22	0	21	0	11	10	0	40	0
Assorted Hot Tea	355	Regular	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0	0
Assorted Hot Tea	592	Large	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0	0	0
Hot Chocolate	397	Regular	470	70	8	2.5	0.0	10	115	98	0	86	0	4	4	0	15	0
Hot Chocolate	645	Large	610	100	11	3.5	0.0	20	160	124	0	109	0	6	6	0	20	0
Espresso																		
Americano	356	Regular	0	0	0	0	0.0	0	15	0	0	0	0	0	0	0	2	0
Americano	593	Large	0	0	0	0	0.0	0	25	0	0	0	0	0	0	0	2	0
Cappuccino	362	Regular	130	60	7	4	0.0	20	100	10	0	10	0	7	6	0	25	0
Cappuccino	602	Large	210	100	11	6	0.0	35	160	16	0	16	0	11	10	0	40	0
Caffe' Latte	362	Regular	130	60	7	4	0.0	20	100	10	0	10	0	7	6	0	25	0
Caffe' Latte	602	Large	210	100	11	6	0.0	35	160	16	0	16	0	11	10	0	40	0
Caramel Latte	366	Regular	200	80	8	5	0.0	25	130	22	0	17	0	7	6	0	25	0
Caramel Latte	612	Large	340	130	14	9	0.0	45	220	40	0	30	0	11	10	0	40	0
Vanilla Latte	364	Regular	170	60	7	4	0.0	20	100	20	0	20	0	7	6	0	25	0
Vanilla Latte	607	Large	290	100	11	6	0.0	35	160	36	0	36	0	11	10	0	40	0
Caffe' Mocha	366	Regular	180	70	7	4	0.0	20	105	22	0	20	0	7	6	0	25	0
Caffe' Mocha	612	Large	310	110	12	6	0.0	35	170	39	0	36	0	11	10	0	40	0

The Nutritional Information Kahala Coffee Traders has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers and regional menu variations.